

# ***Transgender Day of Visibility***

**XE/  
XEM**

**IEL/  
ILLE**

**HE/  
HIM**

**ZE/HIR**

**THEY/  
THEM**

**SHE/  
HER**

# ***Transgender Day of Visibility Herstory***

Rachel Crandall, a U.S.-based transgender activist, founded this day in 2009 to raise awareness of the vast and dangerous discrimination the trans community faces in every setting imaginable and to honour the need to celebrate the lives of trans people and the community rather than just to mourn.

The need to even have a day of ‘visibility’ for the transgender community is indicative of the oppression, violence and silencing the community resists and sadly endures today.

Individuals and systems are motivated by hate and heteropatriarchy, by ignorance and dismissal and they displace this transphobia and ignorance onto trans community and children.

Today we celebrate the endurance, the visibility, the community, the spirits, and the lives of the non-binary and transgender community members. Today may all our brothers and sisters and siblings feel loved. Today may our partners, loved ones, husbands, wives and parents feel seen. Today let us celebrate the transgender children and youth struggling to live freely and with dignity, see them and love them just as they are. Today is about celebrating your dignity, your power, your presence, your knowledge and your lives.

# ***What can you do as an ally?***

- **Practice and Use different pronouns. Daily. Every person has the right to be affirmed and treated with dignity. Here is a guide from Egale on how to do that. (click the link in our bio for this in PDF format so you can use the hyperlinks)**
- **If you are curious about transgender people or community take some time to learn on your own from valid sources and community resources written by trans people. Please don't ask trans community members to "teach" you for free**
- **Challenge your own bias, if you find yourself having feelings about trans communities or kids, don't displace that burden back, ask your cis friends to help you unpack your feelings or attend any of the free or supported learning opportunities in your community or online**
- **Coming out or sharing one's gender identity is very personal and for many people can be very dangerous still. Please do not out people or share information about them without their consent, especially online or with their family. If someone has told you they are non-binary or transgender or gender-fluid please honour that and hold it with confidence and care and dignity**
- **Don't challenge transgendered community members when they give you their name, don't ask what their "real" name is, deadnaming (using their birth name to invalidate identity) is a form of transphobia and is cruel and harmful**



# ***Trans organizations you can support Today and Everyday***

- **Trans Wellness Ontario**
- **Two-Spirited people of the First Nations**
- **Sherbourne Health- Trans Health Care**
- **Trans Forum Quinte - Serving the Quinte, Prince Edward County, Trenton and Belleville area.**
- **Gender Creative Kids**
- **EGALE**
- **Rainbow Railroad**
- **Binders OUT**
- **Sistering**
- **Maggies**
- **LGBT Youthline**
- **Glad Day Bookshop**
- **Unit 2 Community Space**
- **Paprika Theatre Festival**
- **Toronto Indigenous Harm Reduction**





**WE LOVE  
YOU! WE SEE  
YOU!**

**AND  
WE VALUE  
YOU!**